

TOP NOTCH

Top Notch 3 Weblinks

Unit 2

Health Matters

Some of the forms listed here are in PDF format, which is readable by Adobe® Acrobat Reader®. The Reader is available as a free download at adobe.com/reader

Preview

These sites offer advice what to do when you have a dental emergency while traveling. In pairs, have students choose a dental emergency, read the articles, and take notes. Have each pair tell the class about the emergency and what to do about it.

<http://trip.ustia.org/health/articles/1266/what-to-do-about-dental-problems-when-traveling/>

<http://www.webmd.com/oral-health/guide/handling-dental-emergencies>

Lesson 1

The stock photo website shutterstock.com contains photos of people showing signs of illness. In pairs, have students enter “cold symptoms” in the search field and talk about the people, describing their symptoms using lesson vocabulary.

<http://www.shutterstock.com/>

The following articles list ways you can help a sick friend. Have students scan the lists and write down the five suggestions they think are the most helpful. They can also add three of their own ideas. In groups or as a class, have students share their notes and vote on the best ideas.

http://cms.carepages.com/CarePages/en/ArticlesTips/HelpfulTips/BetterYou/comfort_sick_friend.html

<http://www.kumed.com/medical-services/palliative-care/how-to-help>

Lesson 3

The everyday health website summarizes eight alternative treatments for pain. In small groups, have students take notes on one of the treatments and present the information to the class. Have students use the information when discussing types of treatments in the Student’s Book lesson.

<http://www.everydayhealth.com/pain-management/photos/8-alternative-treatments-for-pain-management.aspx#01>

This article from the Everyday Health website lists the pros and cons of alternative medicine. In small groups, have students read the article and list the advantages or the disadvantages of alternative medicine. As a class, debate whether each treatment is a worth trying.

<http://www.everydayhealth.com/alternative-health/the-basics/are-you-considering-complementary-and-alternative-medicine.aspx>

Lesson 4

The website of the CVS drugstore chain includes a virtual store and shopping cart. To play a medication scavenger hunt game, instruct students to search the Health and Medicine section for one example of each of the ten medications presented in the Student's Book vocabulary and place them in the shopping cart. In small groups, have students compare the products they found.

<http://www.cvs.com/shop/health-medicine/N-3rZidZ2k>

The U.S. Office on Women's Health has created visual guide to reading drug labels. As a warm up, print the label and but cut off each explanation (for example, "Doctor's name"). Have students match the explanations to the part of the label that matches.

<http://womenshealth.gov/aging/drugs-alternative-medicine/how-to-read-drug-labels.html>

The Queens Library created an activity to practice reading medicine labels (Opens as a PDF file). Print up pages 5 and 6 of the PDF and have students complete the questions. Review answers as a class.

https://www.queenslibrary.org/sites/default/files/health_literacy/PDF_teachers/Session_11-We.pdf