## **COMMUNICATION GOALS**

- 1 Plan an activity with someone.
- 2 Talk about habitual activities and plans.
- 3 Discuss fitness and eating habits.
- 4 Describe your routines.



## Staying in Shape

## PREVIEW



A >3:24 VOCABULARY • Activities Look at the graph. Then listen and repeat.

B CLASS SURVEY According to the graph, approximately how many calories do you burn every day? Find out who in your class burns more than 1,500 calories a day.

FLASH

C >3:25 PHOTO STORY Read and listen to people talk about playing tennis.



Lynn: Hi, Joy! What are you up to? Joy: Lynn! How are you? I'm playing tennis, actually. In the park.

- Lynn: You play tennis? I didn't know that.
- Joy: I do. About three times a week. Do you play?



Lynn: Not as much as I'd like to. Joy: Well, why don't we meet at the park on Saturday?

- Lynn: This coming Saturday? Sorry, I can't. I have to work. What about Sunday?
- Joy: Perfect. Hey, how about your husband? Can he come, too?

- Lynn: Ken? No way. He's a total couch potato. He just watches TV and eats junk food. He's so out of shape.
- Joy: Too bad. My husband's crazy about tennis.
- Lynn: Listen. I'm on my way home right now. Let's talk tomorrow. OK? Joy: Terrific.
- D FOCUS ON LANGUAGE Look at the underlined expressions in the Photo Story. Use the context to help you choose the correct meaning of the following sentences.
  - 1 What are you up to?
    - a What are you doing?
    - b Where are you going?
  - 2 Why don't we play tennis sometime?
    - a Can you explain why we don't play tennis?
    - b Would you like to play tennis sometime?
  - 3 My husband is really out of shape.
    - a My husband doesn't exercise.
    - b My husband exercises a lot.

- 4 I'm crazy about tennis.
  - a I hate tennis.
  - b I love tennis.
- 5 I'm on my way to the park.
  - a I'm going to the park right now.
  - b I'm going to go to the park this afternoon.

## SPEAKING

A PERSONALIZE Look at the activities on page 62. List the activities you do . . .

every day	every weekend	once a week	almost never	never
			14 M	

**B PAIR WORK** Compare activities with a partner.



Me? I go shopping. 77