



VOCABULARY Places for sports and exercise

A ▶ 3:30 Read and listen. Then listen again and repeat.



a pool



an athletic field



a golf course



a track



a tennis court



a park



a gym

B PAIR WORK Tell your partner what you do at these places.

“ I play soccer at the athletic field next to the school. ”

GRAMMAR The present continuous and the simple present tense: Review

The present continuous
(for actions in progress and future plans)

I **am making** dinner right now.
They **are swimming** at the pool in the park.
He **is meeting** his friends for lunch tomorrow.

Questions

Are you **going** running tomorrow?
What time **are** you **playing** tennis today?

Be careful!

Don't use the present continuous with frequency adverbs.

Don't say: ~~She's never playing~~ tennis.

Don't use the present continuous with **have, want, need, or like**.

Don't say: ~~She's liking~~ the gym.

The simple present tense
(for frequency, habits, and routines)

I **make** dinner at least twice a week.
They usually **swim** at the pool on Tuesdays.
He hardly ever **meets** his friends for dinner.

Questions

Do you always **play** golf on Saturdays?
How often **do** you **lift** weights?

▶ 3:31 **Frequency adverbs**

100% always
almost always
usually / often / generally
sometimes / occasionally
hardly ever
0% never

GRAMMAR BOOSTER p. 133

The simple present tense:

- Non-action verbs
- Placement of frequency adverbs
- Time expressions

A VOCABULARY / GRAMMAR PRACTICE Tell a partner how frequently you play sports or exercise at the places from the Vocabulary.

“ I almost always go to my gym on Fridays. ”

“ There's a pool near my house, but I hardly ever go swimming there. ”

B GRAMMAR PRACTICE Complete the sentences. Use the simple present tense or the present continuous.

1 Brian can't answer the phone right now.

.....
he / study

2 How often walking?

she / go

3 tennis this weekend.

we / play

4 weights three times a week.

he / lift

5 lunch. Can they call you back?

they / make

6 How often the house?

you / clean

7 aerobics every day.

I / do

8 shopping tonight.

she / go

C ▶ 3:32 LISTEN TO ACTIVATE GRAMMAR Listen to the conversations. Circle the frequency adverb that best completes each statement.

1 She (often / hardly ever / never) plays golf.

2 He (often / sometimes / always) goes to the gym four times a week.

3 She (often / sometimes / never) plays tennis in the park.

4 He (always / often / never) goes swimming.

5 She (always / sometimes / never) rides her bike on weekends.

CONVERSATION MODEL

A ▶ 3:33 Read and listen to two people talk about habitual activities and future plans.

A: Hey, Nancy. Where are you off to?

B: Hi, Trish. I'm going to the gym.

A: Really? Don't you usually go there on weekends?

B: Yes. But not this weekend.

A: How come?

B: Because *this* weekend I'm going to the beach.

B ▶ 3:34 RHYTHM AND INTONATION Listen again and repeat. Then practice the Conversation Model with a partner.

C FIND THE GRAMMAR Look at the Conversation Model again. Underline one example of the simple present tense and two examples of the present continuous. Which one has future meaning?



NOW YOU CAN Talk about habitual activities and plans

A CONVERSATION ACTIVATOR With a partner, change the Conversation Model, using a different place from the Vocabulary. Then change roles.

A: Hey, Where are you off to?

B: Hi, I'm going to the

A: Really? Don't you usually go there ?

B: Yes. But not this

A: How come?

B: Because *this* I'm

B CHANGE PARTNERS Practice the conversation again. Use a different place and plan.

DON'T STOP!

Say more about your activities.

I'm going to the gym. I have an aerobics class.
I'm going to the park. I'm playing tennis with my friend Julie.

Invite your partner to do something.

Why don't we sometime?